

# CHINA, diverse and ETERNAL

Nearly all of our frequent and diverse trips to China have dealt with working on long-term research projects supported by the Russian Scientific Fund for Human Studies, and later the Russian Fund for Basic Research. Of all these brief travel notes, we will focus on some of our priority subjects...

*Key words:* Xian, Kashgar (Kashi), Xinjiang, Turfan (Turpan), Beijing, museum, "spirit's path", multi-culturalism, Qin Shihuangdi, Xiaohu graveyard, "bixie", Ming tombs of Shisanling

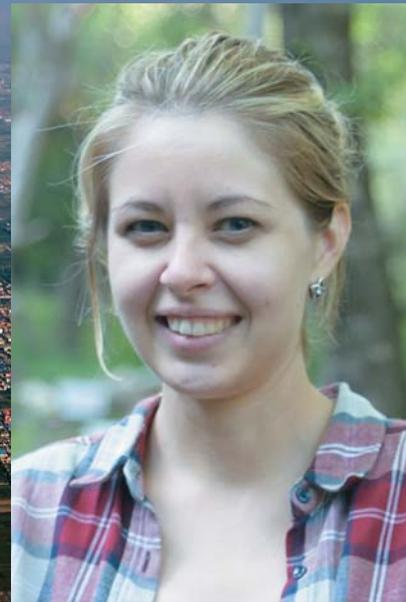




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**W**e must begin, of course, with Xinjiang, our southern neighbor. Xinjiang Uygur Autonomous Region (XUAR) stretches along the western part of the Russian-Chinese border, which runs across the Altai Mountains. This part of the border, called the *Siberian junction*, is only 55 kilometers long; a leftover from the imperial and Soviet times.

The population of the region, which has been changing a lot, has been in close contact with the peoples of Central Asia and South Siberia from the Bronze Age throughout the Middle Ages, and reconstructing their history separately can be misleading. Numerous archaeological finds are stored in museums throughout XUAR, and in its administrative center, the city of Urumqi, in particular. Artefacts from a Bronze Age burial site Xiaohé, discovered in the middle of the vast Taklamakan desert, are especially striking. The dry climate of the region played in favor of the preservation of organic materials – in this case, wooden

utensils, woolen garments, felt hats, leather shoes and even remnants of food. There were wooden dolls and masks in some of the graves – portraits, obviously, albeit somewhat sketchy. But whose portraits were they? Long noses and round eyes suggest non-mongoloid origins of their prototypes; or perhaps, these were thought to be features of creatures from the netherworld?

Paleogenetic analysis identifies the population of the region of that time as Caucasoid with some Mongoloid admixture. Such analysis became possible due to another peculiar feature of the regions' archaeology: the aridity preserved not only the burial structures and tools, but the bodies, too, which were naturally mummified. Some early Middle Ages mummies boast not only rich garments, but a range of parasites, too; for example, they were preserved in the braided hair of the famous Kroraina Princess (hygiene wasn't a priority with the ancients).

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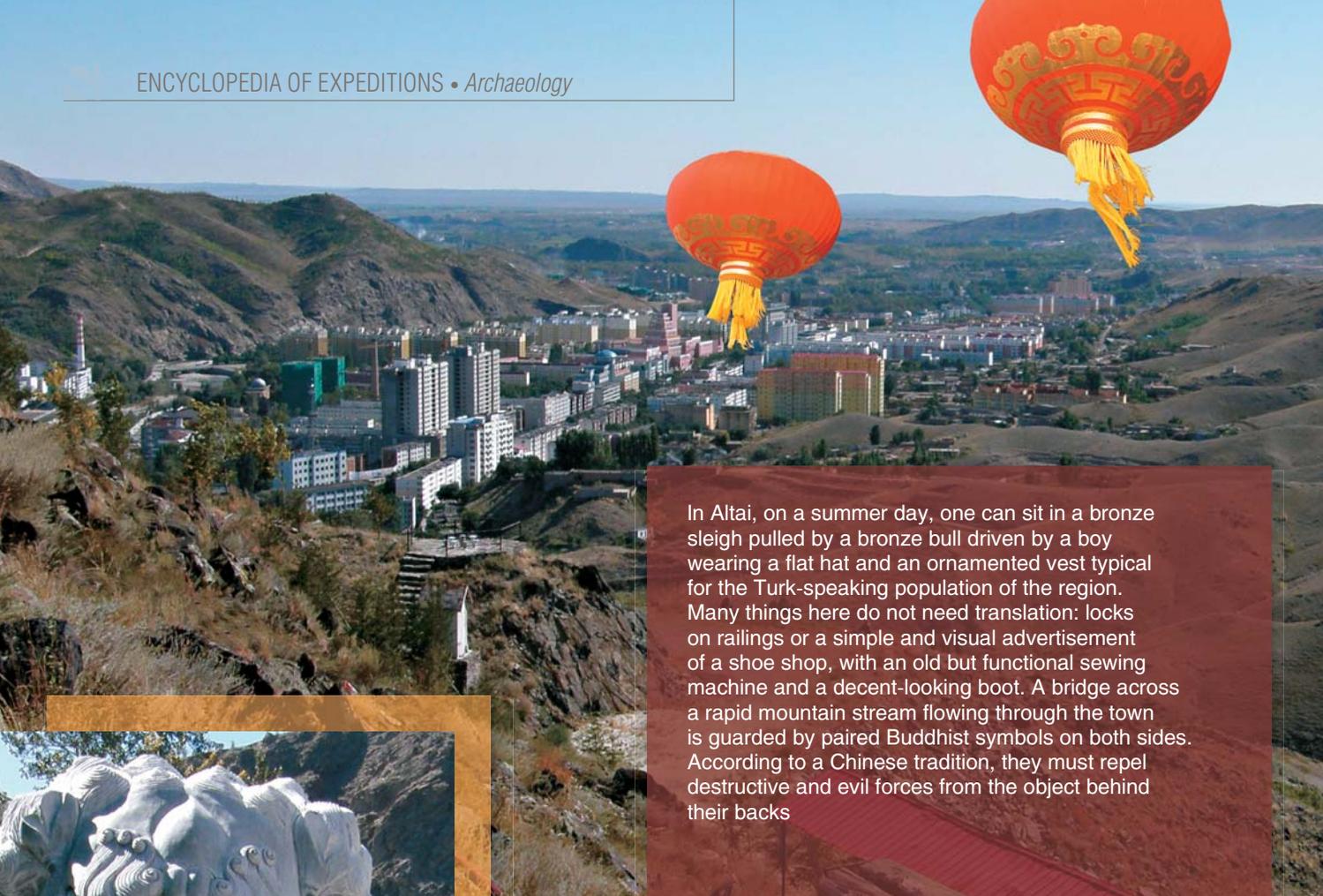
Vast, arid stretches of the Talkamakan desert in the middle of the Tarim depression have preserved an unprecedented richness of artefacts made of organic materials, dating back to the Bronze and early Iron Age. These include finest felts, which were used to create conical hats adorned with woolen cords and feathers; and covers for skillfully woven reed-vessels for food, with walls decorated with traditional ornaments; embroidered mocassins with soft soles; burial dolls of children and adults, dressed in garments made of woven fabrics, and sometimes felt hats. The faces of the sculptures are covered with red paint and wrapped in wool thread. Interestingly, their soles are rotated backwards, which points at their backward direction of movement. This element, along with the face paint, reflects ideas common in the traditional world views of the Ural-Altaic peoples. Threads crossing their faces with exaggerated noses remind of the lines crossing human representations of Northern Asia. Among finds dating back to the Scythian period, thin-walled wooden cups with carved animals' figurines in the peculiar "sudden stop" pose, so common in South Siberian rock drawings and molded bronze dagger ornaments, are especially noteworthy



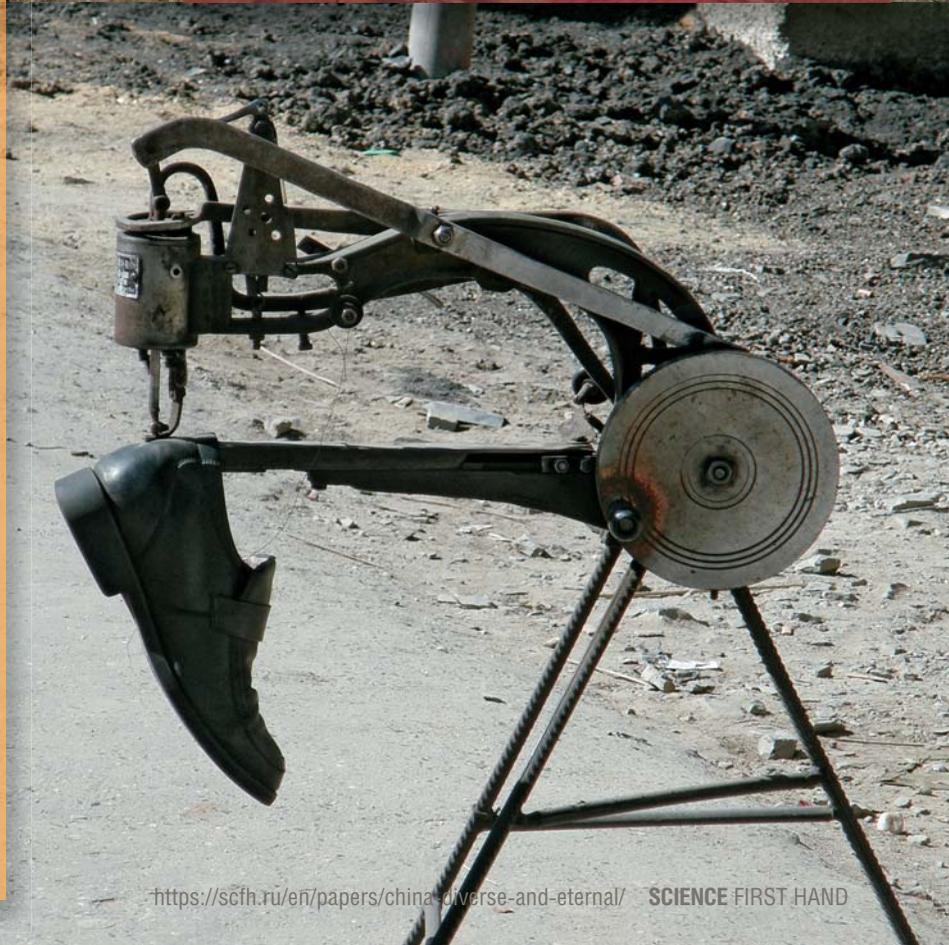


When the wind dies down, dust settles, and the sun casts its light over the dead desert space; the dull grays of its sandy ridges burst into a gamut of bright colors, softening the harsh landscape. The appearance of mummies preserved in the area due to its arid climate and salty soils, demonstrates the Caucasian features of its ancient population, confirmed with paleogenetic analysis. This is true for the thick-haired Kroraine princess, whose life-sized reconstruction mannequin is displayed in the Museum of the Xinjiang Uygur Autonomous Region next to an anonymous female mummy covered with mesh-like fabric, and a male mummy with a crooked nose and a yellow spiral painted on his face; his life-sized reconstruction, holding a whip, stands nearby





In Altai, on a summer day, one can sit in a bronze sleigh pulled by a bronze bull driven by a boy wearing a flat hat and an ornamented vest typical for the Turk-speaking population of the region. Many things here do not need translation: locks on railings or a simple and visual advertisement of a shoe shop, with an old but functional sewing machine and a decent-looking boot. A bridge across a rapid mountain stream flowing through the town is guarded by paired Buddhist symbols on both sides. According to a Chinese tradition, they must repel destructive and evil forces from the object behind their backs

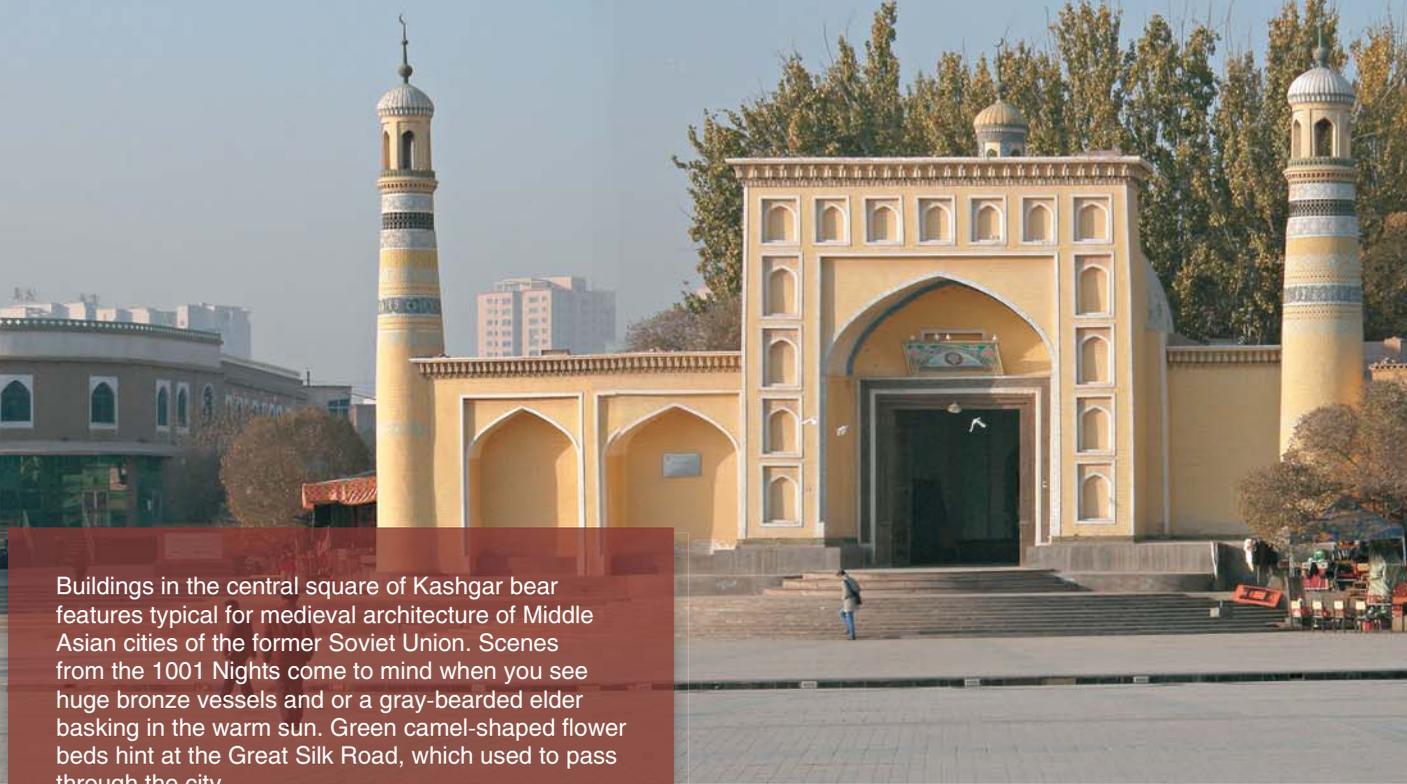


Apart from the “capital” of the region, we visited a number of district and regional centers: Turfan, Hami (Kumul), Korla, Yining (Kulja), Altai, Aksu, Kashgar, and others: we have special memories from each of the cities. The town of Altai, for example, is a twin of our Gorno-Altai: devoid of tall buildings, sitting cozily in a narrow valley, with a swift mountain river running through it. It also has a nature reserve just a few hours away, with a strikingly beautiful deep lake, Kanas, in the middle.

The trip to Hami, apart from archaeology, had agricultural and gastronomic component. The thing is, this is the region from which, back in the Middle Ages, melons were brought to Northern China; this is reflected in the name of this culture: in Chinese, melon is still called “Hami pumpkin”, *hamigua*. We couldn’t leave Hami without trying this “pumpkin”! Indeed, melons are sold

everywhere in Hami – they are beautiful, rather expensive, and quite tasty. But, with all respect to medieval melon growers, for introductory purposes, we would choose other varieties – the sweeter, more fragrant Turkmen or Fergana melons. The name of this sweet vegetable would be just as good – *dayuangua*, the “Fergana pumpkin”.

Our trip to Kashgar was also memorable – we literally had to stand guard for the only lady of our small team, tracked by hot stares of stubble-faced local guys. Virtually no one in Kashgar spoke Chinese. For instance, we were trying to explain to a cab driver, that we needed the museum, and even showed it on the map – but in vain. Luckily, the driver heard the word «музей» in our discussion – naturally, in Russian – and it turned out that it sounds very similar in Uyghur. Pure luck! It makes sense to prepare for our future visits to the Kashgar area by learning the basics of one of the Turkish languages.



Buildings in the central square of Kashgar bear features typical for medieval architecture of Middle Asian cities of the former Soviet Union. Scenes from the 1001 Nights come to mind when you see huge bronze vessels and or a gray-bearded elder basking in the warm sun. Green camel-shaped flower beds hint at the Great Silk Road, which used to pass through the city



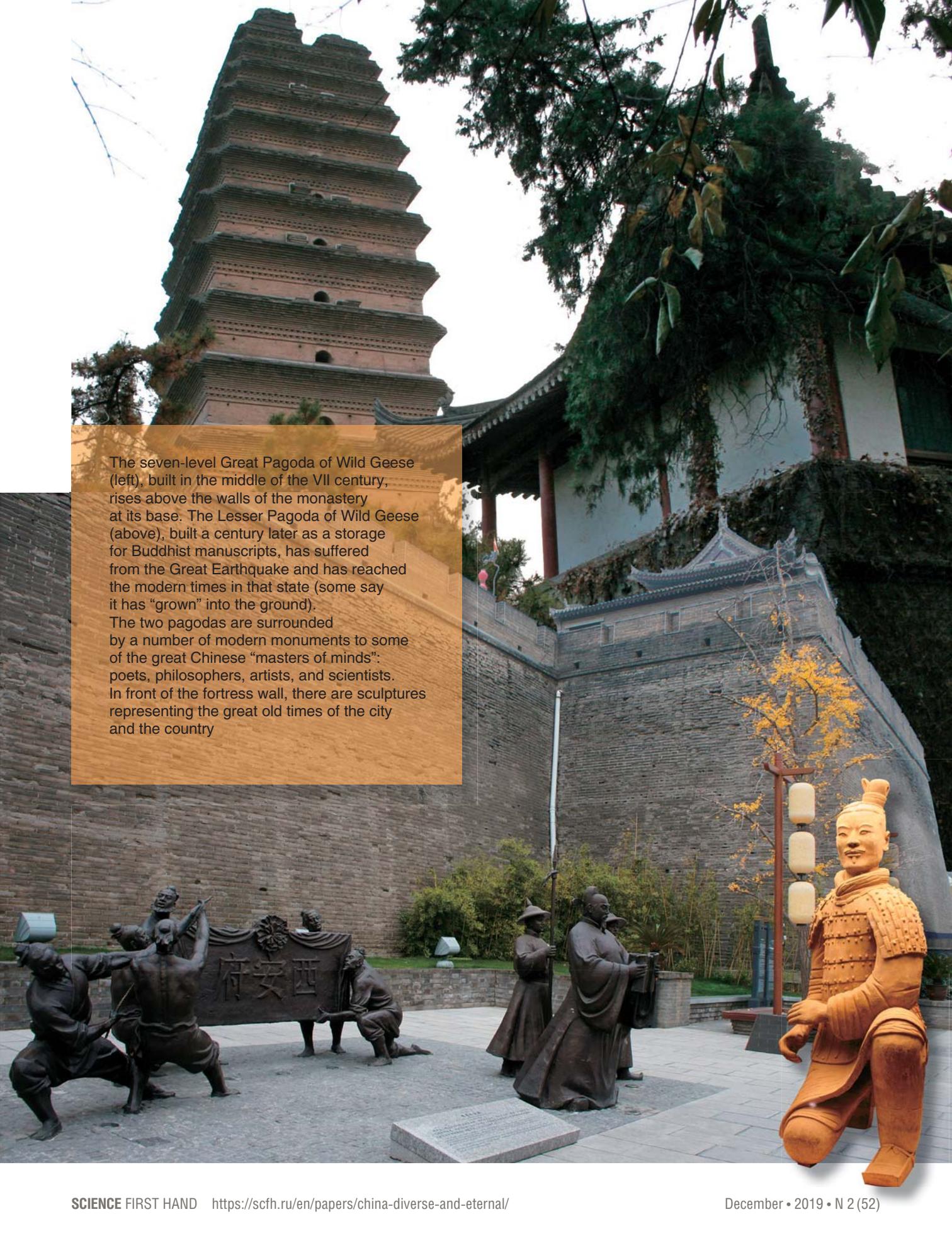


Xi'an, the center of the Shaanxi province, is over 30 centuries old; capitals of 13 Chinese dynasties, including Zhou, Qin, Han, Sui, and Tang, were located within its limits or in its nearest vicinities. The center of the city is surrounded by a 12-meter high, sturdy (up to 18 m wide at the base), well preserved fortress wall, built during Ming dynasty, over six centuries ago. At night, its merlons are highlighted by a chain of lights, and the gate arks are surrendered to pedestrians. The center of the square is occupied by the Drum Tower, built in the early Ming period (1380), named after the tradition of marking the end of each day with a roll of drums coming from the tower. The night-lights showcase the soft curves of its roofs and ornamented mouldings of its three levels against the dark sky, cleansing it from the marks left by the passing time and reviving the colors of the ancient structure

## The Central Plain – the cradle of the Chinese civilization

Another area which has been luring archaeologists and Orientalists, and Orientalist archaeologists in particular, is the land between Zhengzhou and Baoji, the famous Central Plain (Zhongyuan), where the Chinese civilization formed and reached one of its peaks.

Two ancient capitals, Luoyang and Xi'an (Chang'an), where the concentration of archaeological landmarks is beyond imagination, are especially remarkable. In 2002, construction workers in the center of the Luoyang city uncovered a relatively small (with a "mere" 600 graves) cemetery of the Eastern Zhou period (VI – V centuries B.C.), including a sacrificial complex complete with a carriage with six harnessed horses. Such a high-status, "6 h. p." vehicle could only belong to the Celestial Emperor. In no time, the site was salvaged, "obstructive" buildings



The seven-level Great Pagoda of Wild Geese (left), built in the middle of the VII century, rises above the walls of the monastery at its base. The Lesser Pagoda of Wild Geese (above), built a century later as a storage for Buddhist manuscripts, has suffered from the Great Earthquake and has reached the modern times in that state (some say it has "grown" into the ground). The two pagodas are surrounded by a number of modern monuments to some of the great Chinese "masters of minds": poets, philosophers, artists, and scientists. In front of the fortress wall, there are sculptures representing the great old times of the city and the country

were removed from the square, their place was taken by a beautiful museum devoted to the unique find. The last 25 years saw dozens of magnificent state-of-the-art museums open throughout the country; many of those have their own research and restoration centers. These cultural centers are built on a large scale, intended for long-term research work.

Regarding Xi'an, the Qin Shi Huang mausoleum alone, with its terracotta army, has provided such a wealth of knowledge on ancient history, that it will take decades for science to completely apprehend it. The most intriguing thing here is not the numerous discoveries in this artefact-saturated land, with new major finds announced annually; it is the fact that they are secondary to the main grave, where the first Qin emperor is buried; numerous ancient manuscripts testify to the exceptional richness

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The many faces of Xi'an's streets: the arc is flanked by stone stele replicas topped with sculptures of deities. Behind them is one of the immense ancient parks surrounding the historical buildings and the magnificent Beilin Museum (literally "forest of stone steles") in the temple of Confucius, with a collection of gravestones, stone statues, ancient anaglyphs and calligraphy, and the originals of the steles. At dusk, the Islamic street comes to life – once a part of the Great Silk Road. It swells with crowds of street vendors selling snacks, souvenirs and other trinkets unimaginable to a visitor. Dough, pounded and mixed with wooden hammers, is stretched into the thinnest noodles right in front of your eyes, with dazing swift movements that cast an air of a circus trick onto the whole process, and boiled in savory broth; flatbread is rolled and baked, delicious meat is fried, and plates of pastries dripping thick molasses are put out on display. The street is loud and happy – just like the bazaars from the magic tales of the Middle East. Meanwhile, and small-time shop owners and distributors make their way through the crowd on their scooters, trying to keep from using the horn





The famous Terracotta army of the first Chinese emperor Qin Shi Huangdi in Xi'an. Some experts believe this is not an army, but rather a sort of police forces. Archaeological work on the site is ongoing and can be observed by numerous visitors of the museum complex. Warrior figures were made using the same templates, but each head was modeled individually, bearing its own unique features. It is still unclear whether these figures represented people who were alive or already deceased at the time. The image of a terracotta warrior has become one of the symbols of the modern China, widely used in souvenir production, commercials and toys



of the site (ceilings adorned with golden stars, seas and rivers of mercury on the floor, etc.). And this treasure hasn't been excavated yet!

Apart from the main Qin cemetery, there is a constellation of Han emperors' burial sites, with Yangling, the mausoleum of the emperor Jin-di (157–140 B.C.) being the only (incompletely) excavated one so far, out of eleven. This is where a whole "netherworld army" was unearthed, with over fifty thousand (!) ceramic figures of animals and humans, albeit smaller than life size (the scale is approximately 1:3). The army included infantry and cavalry, with hundreds of other figurines representing the palace servants of male, female, and neutral gender. The latter feature is especially fascinating. Sexual peculiarities, including those of the eunuchs, were carefully represented and thoroughly concealed with masterfully crafted, true-to-size clothing. Add the whole

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The study of the tomb of the emperor Jing-di in Yangling, the only excavated royal mausoleum to date, revealed miniature sculpture of warriors, civil and court officials, and chariot drivers, buried in special trenches, just like the Qin terracotta army. Each of the figurines was painted, dressed, armed with miniature weapons and equipped with other artefacts appropriate to the owner's status. Such figurines were carefully arranged in rows according to their ranks





The emperor Jing-di was buried with swarms of terracotta figurines representing various livestock. There are all sorts of domestic animals known to man in the Yangling mausoleum. Judging by the number and variety of dog breeds, apparently exceeding all reasonable needs of herders and hunters, some of them had culinary value, while other were used in battles and for protection





herds of pigs, dogs, and poultry! All this came from a single grave of a relatively “mediocre” Han ruler. There are also 18 emperor mausoleums of the Tang dynasty, located further, about 2–3 hours of driving away. Only two of them have been excavated, completely or partially, with the majority of finds displayed in the Shaanxi Museum of History.

## Beijing – yesterday, tomorrow, and today

Without doubt, many journeys begin and end in Beijing – the city where the deep past and the pacing present merge into a unique unity. Squat mudbrick houses with clay tile roofs, huddled together along narrow streets, are flanked by mighty high rises with the all-too-familiar Stalin Baroque forms, diluted by intrinsically Chinese architectural

traits. The high rises give way to glass-and-steel, hi-tech skyscrapers peaking above the immensely wide streets, by far exceeding anything you might see in a Russian city – with over ten lanes in each direction.

It is hard to find a proper epithet for the pace of change in the Chinese city. A couple of years ago, the Institute of Archaeology of the Chinese Academy of Social Sciences (our main Chinese partner) was flanked by one of the Hutongs, with its old streets, packed with traditional houses arranged in a square with a central courtyard – exactly the type of town houses which had made up the old Beijing. They were carefully dismantled, salvaging the clay tiles, and the vacated space was instantly occupied with new, mirror-walled buildings.

Like all major cities, Beijing is often congested with massive traffic jams. Along with regular cars, the city is filled with swarms of two- and three-wheeled carriages

and all sorts of electric bikes, floating along – and often across – its streets and avenues in endless silent waves. Many of them are fitted with hulls and bodies of incredible designs, demonstrating the technical skills and sophisticated phantasy of their owners.

Speaking of traffic, stories of the lack of common traffic rules in China are completely true. One gets an impression that traffic lights, road signs and markings are purely decorative. Traffic officers, usually female, waving through the currents of traffic at intersections, are a saving grace. However, they work only in rush hours, attracting gawking foreign tourists and bored passersby from other provinces.

Like no other city, the capital of China is pulsing with its rich heritage of cultural layers. One of them is hidden in the depths of old parks with their meandering trails and curved outlines of artificial ponds and stone bridges hovering over the water. Colorful emperor carps surface

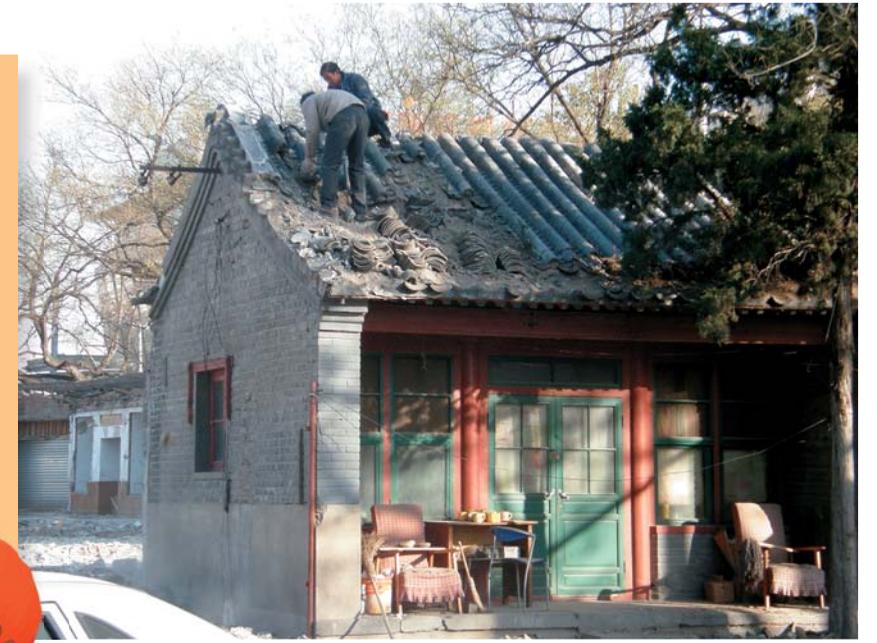
In the streets of Beijing and other regional centers of China, there are special lanes for two-wheeled transport; vehicles like this one move swiftly along these lanes, ignoring the adjacent traffic jams. They move along the ultramodern buildings of Sinopec, one of China’s largest oil and chemical corporations, and aging high-rises of the Stalin and Post-Stalin era



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Modern China is a land of radical and swift changes. The old Hutong streets vanish, giving way to modern blocks. Still, there are places where the legacy of the past is carefully preserved, like Macau, which merits its own story. In the end of this “colonial” street, there is a well-preserved facade of a Portuguese catholic church (left)



Motorcycles of all sorts are, hands down, the most numerous and popular means of transportation in the streets of Beijing and other Chinese cities. Parking lots are packed with countless locally produced scooters. Finding your bike can be a challenge! Electric tricycles, noiseless and comfortable, are especially popular with the ladies. Until recently, conventional tricycles were produced mostly by small, handcraft shops. Nowadays, most bikes are electric-powered. A Chinese person uses this “iron donkey” to haul as much payload as it can move; for many, it is not only a means of transport, but the key to making a living necessary to survive in the city



among water lilies, sending light ripples across the deep water and swaying sleepy swans. All this, together with the painstakingly planned parkland architecture and sounds of living nature, put the observer into a contemplating state.

But another layer, predatory and dynamic, keeps us awake; it stays behind the armored glass of corporate headquarters, flowing through the vast show halls of modern expo centers, throbbing in the rushing economy.

Yet another layer is the unique, multi-faceted folk culture. This diversity is especially apparent in national districts. For instance, in Xinjiang, a suburban mudbrick house with a flat roof can stand next to a felt yurt, with a completely modern vehicle parked in the front and a couple of shaggy camels chewing something in the back, perhaps with an old carriage made of dry, shriveled wood. Camels roam free here and there, often in herds, grazing on the scruffy desert vegetation.



Here, one encounters crumbling mudbrick walls of ancient caravanserais next to their modern concrete block counterparts. Even motor vehicles are often subjected to a sort of retro-upgrade: they are covered with colorful horsecloths and adorned with other equestrian artefacts typical for the local culture. The domes of the Muslim burial mazzars look especially monumental against the background of modest earth and rock mounds of the Han graves.

### The union of the Sky and the Earth

China's multiculturalism, which was especially apparent in some historical periods, is more than evident in the cool halls of provincial museums of regional studies. Museums reflect the society's interest in history of the country, and the real attention paid by the government to archaeological research and patriotic education of the population, as well.



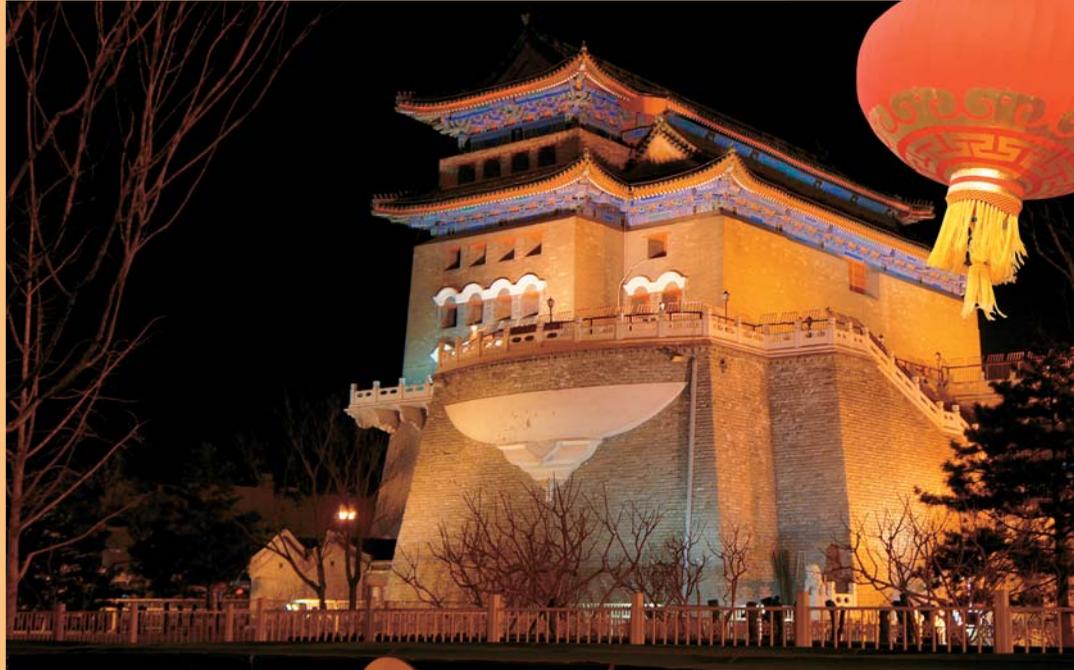
Traffic controllers are a feature of the long-past colonial ages. There is something magic in their police outfit, which makes driver stop and admire the synchronized and graceful work of these girls



Evening market in Wangfujing, one of the most famous shopping streets in Beijing, where you can buy food and souvenirs or have a snack

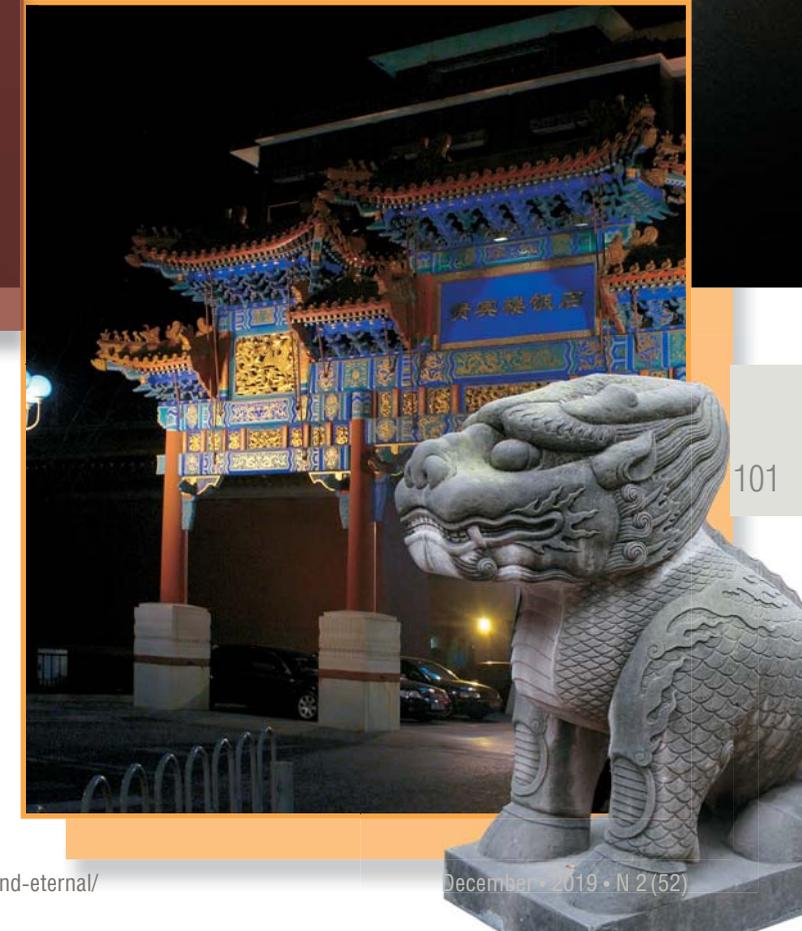


A motorized rickshaw comfortably carries two, or, if necessary, up to four passengers. These quick vehicles, mostly electric-powered nowadays, sweep up their passengers anywhere, especially near entrances to the Beijing subway, which they patrol like hawks looking for prey



Late night Beijing. The Forbidden city (Gugong museum) at the heart of Beijing is the largest palace in the world. At this time of year, it is peaceful and quiet; a crust of ice covers the ditch water every night, and an occasional dog owner walk their pet before the gate. At opposite side, Tiananmen, the Celestial Calm Square lies in nocturnal stillness

This street, running parallel to the walls of the Forbidden city, is engulfed in darkness; but the paper lamps are still glowing by the doors of small shops and restaurants



The latter is aided by vivid representation of the past in museums, and by museumification of the most important historical objects with high availability to tourists.

One of the most impressive examples is Ming Shisanling (Thirteen Graves) – an emperor’s necropolis from the Ming Dynasty (1368–1644), located 42 kilometers to the northwest from downtown Beijing, in a valley surrounded by mountains. The location was selected in the early XV century by the most competent fengshui experts of the time. The entrance to the valley, where the necropolis stands,



is flanked by two mountains on each side: Longshan (the Dragon Mountain) to the east and Hushan (the Tiger Mountain) to the west; they serve as natural watchtowers. To the south and north, there are two more mountains connected to the cardinal points' rulers – Zhuqueshan (the Red Bird Mountain) and Xuanwushan (the Dark Warrior Mountain), respectively. The position of the mausoleums in the valley is a reference to an important feng shui concept of “favorable cave”, a place traversed by “dragon veins” (longmai), i.e. underground energy flows. The Shisanling complex is especially interesting in that, being a quintessential point of funerary architecture, it has retained the most ancient, pre-Confucian traits of burial rituals due to the known conservatism and traditionalism of the Chinese society.



Ancient parks with countless generations of ducks and golden carps, with stone bridges, curved trails and carefully placed trees are a massive part of the traditional Chinese aesthetic culture

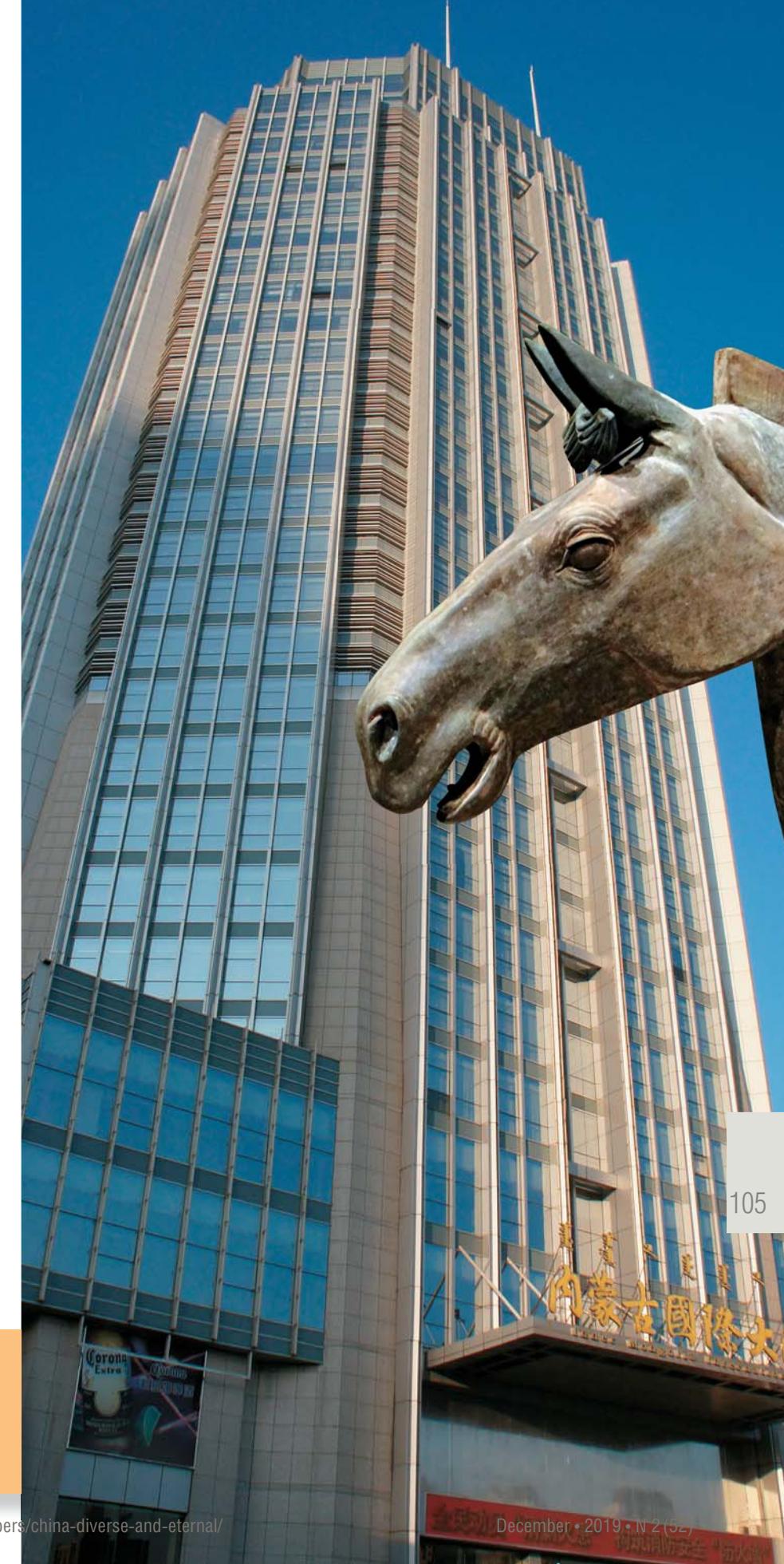


A trail in an ancient Beijing park, following an “energy pathway”, a work of geomancy diviners and court gardeners, warping the flow of time...

In front of the Changling mausoleum, the emperor Zhu Di's Yongle' grave, there is a “spirit alley” – a slightly curved line, partly due to the terrain, and partly because of the adherence of its creators to feng shui and the traditional Chinese aesthetical cannons, which favor curved lines. The sculptures here are typical for medieval Chinese burial sites: columns, statues of bureaucrats, warriors, real and fantastic animals.

All tombs share a similar structure. Each contains an underground grave and aboveground structures: a pavilion housing stone turtle with a stele describing the achievements and beneficences of the emperor mounted on its back, a ceremonial hall for rituals, and a gate-tower, with a corridor leading to the grave.

The layout of the tombs demonstrates the new canon of funerary architecture of the Ming period, characterized by a combination of aboveground structures with a square layout when viewed from above, with a round burial mound, while Tang and Song graves were surrounded by a square wall. The combination of round and square structures (square in the front, circle in the back) is an example of the traditional Chinese geometric symbolics, with the circle representing the Sky, the square representing



A high-rise hotel in Hohhot, a relatively small (with a population of 2 million) town in northern China



The modern days and the revived past: Chaoyang district of Beijing, with its immense business towers and streams of automobile and pedestrian traffic (left), and Xinjiang, an autonomous district in the Chinese northwest, following its own flow of time and historical path. Camels graze on rough grass on what used to be the Silk Road – the faithful carriers of the ancient caravans. The place hasn't changed much, and the nomads still follow the same paths, albeit on rubber-wheeled carriages; corrals are surrounded by chicken fence, and the passages across the nearby ridges are adorned with solar panels...



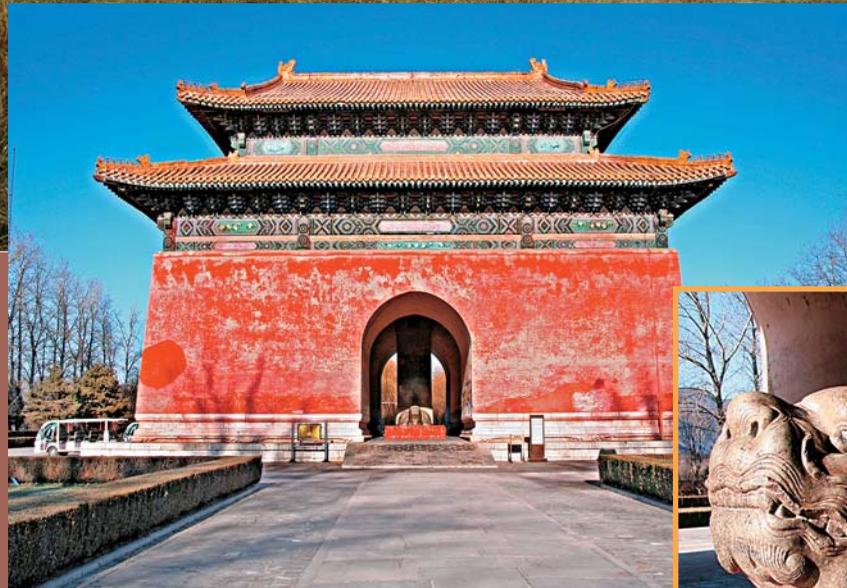
the Earth, and the whole complex being a symbolic union of the two.

There is a remarkable similarity between the layouts of the Shisanling burial complex and Beijing within the city wall. It is seen not only in the same architectural forms (gates, arches, and pavilions), but in their construction, position and scale. The “alley of spirits” is about 7.3 kilometers long, and the central walled part of Beijing stretches across 7.8 kilometers along the north-south axis. This feature of Ming necropolises is not exceptional; it originates from the emperors’ burials of the Tang dynasty, which copied the layout of Chang’an – the capital of Tang China.

The structure and contents of an underground tomb can be illustrated by the Dingling tomb of the emperor Zhu Yijun (Shenzong) (1573–1620). Excavations in 1956–1958 uncovered a massive cross-shaped tomb containing five halls with a total area of 1195 square meters (12863 square feet). Inside were the skeletons of the emperor and his two wives, with rich, gold-broidered garments, crowns made of gold, gems and pearls, golden

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The "spirit path" of one of the burial complexes of the Six Dynasties (220–589 A.D.) in the Danyang municipal district near Nanjing (top). These columns were topped with stone figures of lion-like predators, and there were turtles carrying steles with epitaphs on their backs; statues of warriors and government officials stood on stone pedestals. The road led to a ceremonial pavilion and the mausoleum

Shisanling is a complex of thirteen emperor tombs of the Ming dynasty in Changping district of Beijing. The great red pavilion with a dragon-like stone turtle, bearing a memorial stele on its back, stands at the beginning of the "spirit path"





Ming dynasty headgear adorned with pearls, gold and gemstones, discovered during the study of the emperor tombs in 1956–1958

ingots and jewellery made of jade, gold and gemstones; there were also golden and silver dinnerware, china vases, ritual vessels, headboards, etc. – a total of over 3 thousand items! Later, in 1959, a museum was founded in the Dingling mausoleum, once the excavations were finished.

In 1961, the thirteen emperor graves of the Ming Dynasty, including Dingling, were included in the list of Special protection objects of China's Cultural Heritage. However, during the cultural revolution, the Dingling tomb suffered serious damage: in 1966, the Red Guards burned the remains and destroyed many of the finds. With the arrival of the policy of "reforms and openness to the outer world", restorations began. Since 1989, all archaeological works have been stopped in Shisanling, and in 1995, a museum of the whole site was established there. In 2003, the Ming emperor tombs in Beijing and Nanjing were included in the World Heritage list of UNESCO.

Visiting the mausoleums of the ancient and medieval China, one cannot help comparing them to the burials of rulers of the nomadic periphery. Thinking outside the immense presence of the Chinese empire, one notices the influence of the "barbarian" herder world in the shapes and structure of the burials, transcending the purely Chinese aesthetics.

The earliest images of *bixie*, a fantastic creature from the "alley of spirits" bestiary, are reminiscent of the Scythian griffon. Sculptures of those "spirit path" bear architectural and, apparently, conceptual ideas embodied in rows of *balbals*, which are found in steppe warlord burials. The Chinese tried to deflect these

ideas, brought by devastating raids of swift nomadic horsemen, by all sorts of walls, including the Great Wall; centuries later, after thorough rethinking by the Chinese, these ideas rolled back at the nomads, and, having fallen onto the fertile soil of local traditions, bloomed and materialized in a medieval stone culture, albeit simpler and more compact, like the life of the nomads themselves.

China has gone through a series of periods when the empire was, like a sponge, soaking up cultural

A large white bronze vessel near the entrance to the ceremonial hall in front of the mausoleum of Liu Bei, a warlord who founded the Shu state

Wangfujing, quite like the Arbat in Moscow, has many narrative sculptures depicting moments from the block's past. This lively scene doubles as a great advertisement of a shoe store nearby





**New museum building  
in the city of Baoji, Shaanxi**

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and technological advances of its neighbors. Revealing and studying such impulses, based on the richest written history of China, open immense research perspectives, putting us closer to understanding and reconstructing the beliefs of the long vanished nomad societies, including those of Siberia, and to truly understanding and appreciating the ancient multiculturalism heritage. But, say, this is a completely different story...

Cheerful crowds stroll the sea front in Pudong district of Shanghai, reminiscent of Hongkong's embankments; Shanghai is the third city in the world by population, and the world's largest seaport

